



# IACES 2021 - MADRID

INTERNATIONAL ADVANCED  
COURSE ON **ELBOW** SURGERY

**SAVE** THE  
DATES

[WWW.IACES2021.COM](http://WWW.IACES2021.COM)

**3rd&4th NOVEMBER 2021**

**POST-COURSE SESSION: NOVEMBER 5th**

[WWW.IACES2021.COM](http://WWW.IACES2021.COM)

**5th MADRID ELBOW COURSE**

# IACES 2021 - MADRID

## INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY



### WELCOME ADDRESS

Dear friends,

We cordially invite you to participate in the face-to-face 5th International Advanced Course on Elbow Surgery that will be held in Madrid (Spain), on November 3-5, 2021 at the Melia Castilla Hotel.

After much thought, meditation and hesitation we have finally decided to help overcome some of the effects of the COVID pandemic by returning to a face-to-face meeting. Obviously, we will take all precautions to comply with strict COVID guidelines and rules that may be present at the time of the Course. We will also be vigilant to changes in such directives as the pandemic evolves.

IACES could not be as successful as it has been in the past without each and everyone of you. After so many webinars and teleconferences, we feel more than ever the need for real live interaction and are really eager to see each one of you back in Madrid, to learn from you and enjoy and friendship.

As in prior editions, the meeting will consist of scientific sessions, live surgery, symposia and presentations of clinical cases. You will be able to share your experience and knowledge with delegates from all over the world. Any original research which will form the basis of therapeutic innovation in the future is more than welcome. Please, have a look at the attached preliminary program to determine whether you are comfortable with your assigned contributions in talks and moderations.

We know that the meeting is close and we are contacting you in short advance, but we sincerely hope you will find our invitation engaging. We promise our best effort to build a fantastic meeting, and be sure we will stretch ourselves to provide you with some of Madrid's best social evenings, that is, going back to normal...

Best regards



**Chairman**

Samuel Antuña (Spain)



**Chairman**

Raul Barco (Spain)



**Chairman**

Joaquín Sánchez Sotelo (USA)

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INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY



## FACULTY



**Adolfsson, Lars**  
Sweden



**Mansat, Pierre**  
France



**Antuña, Samuel**  
Spain



**Müller, Lars**  
Germany



**Barco, Raúl**  
Spain



**Orbay, Jorge**  
USA



**Bernabeu, Daniel**  
Spain



**Sánchez Sotelo, Joaquín**  
USA



**De las Heras, Jorge**  
Spain



**Schneeberger, Alberto**  
Switzerland



**Eygendaal, Denise**  
The Netherlands



**Shawn W. O'Driscoll**  
USA



**Foruria, Antonio**  
Spain



**Tabuenca, José**  
Spain



**Guerra, Enrico**  
Italy



**van Riet, Roger**  
Belgium



**King, Graham**  
Canada



**Vaquero, Alfonso**  
Spain



**Lópiz, Yaiza**  
Spain



**Watts, Adam**  
UK



**Wegmann, Kilian**  
Germany

# IACES 2021 - MADRID

## INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY



### GENERAL INFORMATION

#### DATES/

3rd, 4th, November · 2021  
Post-course Session, 5th November

#### CHAIRMEN/

Samuel Antuña (Spain)  
Raul Barco (Spain)  
Joaquín Sánchez Sotelo (USA)

#### WEB/

[www.iaces2021.com](http://www.iaces2021.com)

#### REGISTRATION FEES/

	BEFORE September 30th	AFTER September 30th
Standard	550€	700€
Trainee	300€	450€

VAT Included

#### CAR PARKING

Parking area available at the Congress venue

#### WIRELESS INTERNET ACCESS

WiFi Internet access area will be available at the Course.

#### SMOKING

IACES 2021 is a non-smoking congress.

#### REGISTRATION DESK

Participants can pick up their personal Congress material at the registration and secretariat desk, which will be open as follows:  
Wednesday, November 3rd, 07.30 -17.45 h  
Thursday, November 4th, 07.30 -19.00 h  
Friday, November 5th, 07.30 -13.30 h

The Secretariat will be available to assist you during the Course.  
Please do not hesitate to contact this office for help or advice.

#### NAME BADGES

Participants and accompanying persons are obliged to wear the official Course name badges on all Congress occasions.

#### EXHIBITION

Access to the exhibition is free for registered participants. The exhibition will be open on 3-4 November 2021 during the Course hours.



#### VENUE

##### MELIÁ CASTILLA HOTEL

Calle Capitán Haya, 43  
28020 – Madrid  
[www.meliacastilla.com](http://www.meliacastilla.com)



#### CONTACT

##### TORRESPARDO

Calle Nápoles, 187 2º  
08013 Barcelona  
Tel +34 93 246 35 66  
[m.pedrals@torrespardo.com](mailto:m.pedrals@torrespardo.com)

#### LUNCH AND REFRESHMENTS

Lunch workshops will be available.  
Coffee, tea will be available in the exhibition area during the breaks.

#### CERTIFICATE OF ATTENDANCE

Participants will receive a certificate of attendance at the Course.

#### LIABILITY

By registering for the IACES 2021 and/or by participating in the exhibition joined to the Course, participants and exhibitors agree that IACES, the Organising Committee or the Course Technical Secretariat do not assume any responsibility for damage or injuries to persons or property during the Course. Participants and exhibitors are advised to organize their own health, travel and personal insurances.

#### LETTER OF INVITATION

Upon request, the Chairman of the Local Organising Committee will be pleased to send a personal letter of invitation to registered participants so as to enable participants to obtain visas for attending the Course. These invitation letters cannot be considered as an offer of financial support by the organisers.

# IACES 2021 – MADRID

## INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY



**WEDNESDAY / NOVEMBER 3rd, 2021**

7:30 – 7:50 Registration  
7:50 – 8:00 Welcome and introduction

### **PATIENT WORK-UP**

**Chair: R. Barco & E. Guerra**

8:00 – 8:15 Physical examination of the elbow in a volunteer  
**J. Sánchez-Sotelo**

8:15 – 8:20 Live elbow Ultrasound in a volunteer  
**D. Bernabeu**

8:20 – 8:35 ReLive MRI-CT of the elbow: I finally know where to look  
**D. Bernabeu**

8:35 – 8:55 Clinical exam of patients

### **ELBOW ARTHRITIS: NON-ARTHROPLASTY OPTIONS**

**Chair: S. Antuña & P. Mansat**

9:00 – 9:10 Primary OA: Clinical presentation and treatment  
**E. Guerra**

9:10 – 9:20 Inflammatory arthritis: What is hurting and how can you help?  
**L. Adolfsson**

9:20 – 9:30 Interposition arthroplasty: is there still a role?  
**K. Wegmann**

9:30 – 9:40 Elbow arthrodesis: is there an indication and what to expect?  
**L. Müller**

9:40 – 9:50 Radio-capitellar arthritis: The forgotten joint  
**A. Watts**

9:50 – 10:20 CASE-based Discussion

10:20 - 11:00 LET'S CHAT WITH COFFEE AND BISCUITS...

### **PRIMARY TOTAL ELBOW ARTHROPLASTY**

**Chair: J. Sánchez Sotelo & A. Schneeberger**

11:00 – 11:10 Total elbow arthroplasty: design principles  
**P. Mansat**

11:10 – 11:20 How to choose the best approach for your TEA  
**G. King**

11:20 – 11:30 Unlinked (linkable) TEA. Is anatomical the road to the future?  
**S.W. O'Driscoll**

11:30 – 11:40 Linked TEA. Hinging the elbow is the way to go  
**A. Watts**

11:40 – 12:25 CASE Discussion: from Easy inflammatory to Complex posttraumatic.

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**WEDNESDAY / NOVEMBER 3rd, 2021**

### **CADAVER "LIVE" SURGERY**

**Moderator: S. Antuña**

12:30 – 13:00 Mastering the Approaches for Hemi and Total Elbow arthroplasty

**L. Adolfsson, A. Foruria**

13:00 – 13:30 **LUNCH / 13:40-14:30 WORKSHOP**



### **FAILED TOTAL ELBOW ARTHROPLASTY**

**Chair: A. Foruria & S.W. O'Driscoll**

14:30 – 14:40 Infection after TEA: prevent, diagnose & treat

**J. Sánchez Sotelo**

14:40 – 14:50 Mechanical failure after TEA: the reasons and how to manage it

**A. Schneeberger**

14:50 – 15:00 Bone loss after TEA: the strategy

**P. Mansat**

15:00 – 15:10 Periprosthetic fractures: fix or revise?

**L. Müller**

15:10 – 15:40 Dramatic CASE discussion!!

### **VIDEO SESSION**

15:40 – 15:55 Tips and tricks in revision total elbow arthroplasty

**J. Sánchez-Sotelo**

### **ACUTE ELBOW TRAUMA**

**Chair: G. King & A. Watts**

15:55 – 16:05 Column fractures: I provide optimal fixation with low complications

**Y. Lopiz**

16:05 – 16:15 Capitellum and trochlear fractures: They may be quite tricky

**E. Guerra**

16:15 – 16:25 Hemi or Total Elbow arthroplasty in acute trauma: tell me the truth!!

**L. Adolfsson**

16:25 - 16:35 Radial Head fractures: fix, excise or replace?

**J. Orbay**

16:35 - 16:45 Coronoid Fractures: I need to know when I should fix them!!

**A. Foruria**

16:45 - 17:15 Tough acute Cases: unstable dislocations, terrible triad, longitudinal instability & complex olecranon.  
Do not be afraid anymore!!

### **CADAVER "LIVE" SURGERIES**

**Moderator: A. Foruria**

17:15 - 17:45 Making fixation of the Radial Head fun and easy SPONSORED: medartis®

**TBC**

**Moderator: P. Mansat**

17:45 - 18:15 Replacing the Radial Head: Tricks and Tips SPONSORED: + acumed

**R. Van Riet**

# IACES 2021 – MADRID

## INTERNATIONAL ADVANCED COURSE ON ELBOW SURGERY



**THURSDAY / NOVEMBER 4th, 2021**

### **POSTRAUMATIC ELBOW STIFFNESS**

**Chair: K. Wegman & R. Van Riet**

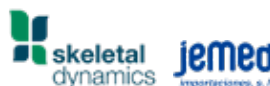
- 8:00 – 8:10 Why does an elbow become stiff?  
**J. Sánchez Sotelo**
- 8:10 – 8:20 Soft tissue release: Who is the right patient for isolated capsulectomy?  
**P. Mansat**
- 8:20 – 8:30 Complex stiffness: What else does the patient need?  
**G. King**
- 8:30 – 8:40 Is HO really a problem in your practice? Prevent and treat it  
**D. Eygendaal**
- 8:40 – 9:00 Limitation of forearm rotation: The forgotten stiffness  
**A. Watts**

### **CADAVER “LIVE“ SURGERY**

**Moderator: R. Barco**

- 9:00 – 9:30 Restoring Elbow Stability:  
The best way to recover function and motion.  
**J. Orbay**

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### **NONUNION AND DEFORMITY AROUND THE ELBOW**

**Chair: D. Eygendaal & Y. Lopiz**

- 9:30 – 9:40 The role of 3D modeling for elbow sequelae  
**R. Van Riet**
- 9:40 – 9:50 Distal humerus nonunions: Make it heal or replace it!  
**K. Wegmann**
- 9:50 – 10:00 Radial head fracture sequelae: nonunion & malunion  
**G. King**
- 10:00 – 10:10 Olecranon nonunion and malunion: what are my options?  
**L. Müller**
- 10:10 – 10:30 Case discussion
- 10:30 - 11:00 LET'S CHAT WITH COFFEE AND BISCUITS...

### **DEALING WITH SOFT TISSUE INJURIES**

**Chair: L. Müller & L. Adolfsson**

- 11:00 – 11:10 Chronic lateral ligament insufficiency: how to detect and treat  
**A. Schneeberger**
- 11:10 – 11:20 Chronic medial ligament insufficiency  
**S.W. O'Driscoll**
- 11:20 – 11:30 Partial tears of the biceps: debride or repair  
**R. Van Riet**
- 11:30 – 11:40 Complete distal biceps tears: One, two or no incisions?  
**D. Eygendaal**
- 11:40 – 11:50 Distal triceps tears: do not miss them  
**R. Barco**
- 11:50 – 12:00 How does the forearm work and how should we treat it?  
**J. Orbay**

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**THURSDAY / NOVEMBER 4th, 2021**

### **CADAVER “LIVE” SURGERY**

**Moderator: J. Sanchez Sotelo**

12:15 – 12:45

Distal Biceps reconstruction

**K. Wegmann**

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12:45 – 14:15 **LUNCH & WORKSHOP**

### **SPECIAL SESSION: New Frontiers in Elbow Arthroscopy**

#### **BASICS**

**Chair: J. De las Heras & R. Van Riet**

14:15 – 14:25 Set-up and Portals: A rational tour into elbow arthroscopy

**Y. Lopiz**

14:40 – 14:50 Arthroscopic findings: What is normal and what is not?

**S.W. O’Driscoll**

#### **LATERAL ELBOW PAIN: THE INITIAL STEPS**

**Chair: J. Tabuenca & S.W. O’Driscoll**

14:50 – 15:00 Epicondylitis: What we know and how does it look from inside?

**A. Foruria**

15:00 – 15:10 Symptomatic plica: Does it really exist?

**L. Adolfsson**

15:10 – 15:20 OCD: Make it heal!

**D. Eygendaal**

15:20 – 15:30 VEOS: What does this mean?

**K. Wegmann**

15:30 – 15:50 A few CASES...

#### **THE INTERMEDIATE STEPS**

**Chair: A. Vaquero & L. Adolfsson**

15:50 – 16:00 Arthroscopic capsulectomy: tips and tricks

**A. Schneeberger**

16:00 – 16:10: Fixing the capitellum: right indication leading to great outcome

**S. Antuña**

16:10 – 16:20 Fixing the Coronoid and Radial Head: is this reasonable?

**E. Guerra**

#### **FOR EXPERTS**

**Chair: R. Barco & P. Mansat**

16:20 – 16:50

### **CADAVER “LIVE” SURGERY**

Arthroscopic Osteocapsular arthroplasty

**E. Guerra**



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**THURSDAY / NOVEMBER 4th, 2021**

16:50 – 17:00 Dealing with instability through the scope

**R. Van Riet**

17:00 – 17:30 Experts discussion with beer: Clarifying what works and does not

**ELBOW SCOPE OUT OF THE BOX**

**Chair: J. Sánchez-Sotelo & S. Antuña**

17:30 – 17:40 Endoscopically assisted distal biceps repair

**R. Van Riet**

17:40 – 17:50 Endoscopic ulnar nerve release

**R. Barco**

17:50 – 18:05 **THE ELBOW KEYNOTE LECTURE**

**S.W. O'Driscoll**

18:05 – 18:15 **CLOSING REMARKS & ADJOURN**

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## POST-COURSE SESSION • FRIDAY / NOVEMBER 5th, 2021

### HOW TO AVOID COMPLICATIONS IN ELBOW SURGERY: A CASE-BASED INTERACTIVE DISCUSSION

09:00-10:00 Dealing with the distal humerus: A piece of cake!

10:00-11:00 Complex Elbow instability: How to avoid tears and sleepless nights.

11:00-12:00 Making Elbow Arthroplasty even funnier.

- We will have 10 round tables with 1 faculty each and two general moderators presenting outstanding cases.
  - Delegates are encouraged to bring their difficult cases for general discussion.

**BRING YOUR CASES!!**

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## PATRONAGE





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